

# Patientinformation

Losartan	Cozaar/Comp, Klomentan/Comp, Losarstad/Comp, Losartan, Losatrix, Losartan/Hydrochlorothiazide, Losartan/hydroklortiazid, Marozid
Eprosartan	Teveten/Comp
Valsartan	Diovan/Comp, Valsartan, Valsartan/hydrochlorothiazide, Valsartan/Hydroklortiazid Valsartore/Comp, Valtso/Comp, Exforge, Entresto
Irbesartan	Aprovel, CoAprovel, Ifirmasta, Ifirmacombi, Irbesartan, Irbesartan/hydrochlorothiazid, Karvea
Kandesartan	Atacand/Plus, Candemox Comp, Candesarstad/Comp, Candesartan, Candesartan/Hydrochlorothiazid, Candexetil/Comp, Kairasec, Kandrozid,
Telmisartan	Micardis/Plus, Lesamor, Telmisartan/Hydroklortiazid, Tolura, Tolucombi
<b>Diabetes medicines</b>	
Metformin	Metformin, Comptact, Eucreas, Glucophage, Janumet, Jentaduetto, Komboglyze, Synjardy, Vokanamet, Xigduo
Empagliflozin	Jardiance, Synjardy, Glyxambi
Kanagliflozin	Invokana, Vokanamet
Dapagliflozin	Forxiga, Xigduo, Qtern
Ertugliflozin	Steglatro, Segluromet, Steglujan
<b>Other medicines</b>	

Painkillers in gel or spray form can be taken. Tablets and liquid medicines containing paracetamol (Alvedon, Pamol, Panodil, Paracetamol, Paracut, Pinex, Quramol, Theremin) can also be taken.

## Never exceed the recommended dose!

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**If you are taking  
MEDICINES  
that carry a risk of serious side effects in  
conjunction with acute dehydration caused by**

- *Diarrhoea*
- *Vomiting*
- *High fever (over 38°C)*
- *Heatwave*
- *Acute illness resulting in difficulty eating or drinking*

Certain medicines that are used to treat heart conditions, high blood pressure, pain and diabetes could have serious side effects if they are taken when your body's fluid balance is disrupted.

**Remember:**

*There is a risk of serious side effects from these medicines in conjunction with conditions that cause dehydration, such as vomiting, diarrhoea, fever, strong heat, or a disorder that renders you unable to eat or drink. The risk of serious side effects increases for elderly persons or individuals with reduced kidney function.*

**What action should be taken in the event of dehydration?**

If you are taking any of the named medicines, you ought to discontinue treatment temporarily if you are dehydrated. If the problem is only temporary, treatment can recommence once it has ceased.

**Contact your healthcare provider if you are in any doubt!**

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**If you are taking:**

<b>Painkillers</b>	
Diklofenak	Diclofenak/T, Dicuno, Diklofenak/T, Eeze, Eezeneo, Ignorin, Voltaren/T, Arthrotec/forte
Piroxikam	Brexidol
Tenoxikam	Alganex
Meloxikam	Meloxicam
Ibuprofen	Brufen/retard, Ibumax, Ibumetin, Ibuprofen, Ibuzin, Ifenin, Ipren, Nurofen Apelsin
Naproxen	Alpoxen, Naprocur, Naprosyn Entero, Naproxen, Pronaxen, Vimovo
Ketoprofen	Orudis/Retard
Dexibuprofen	Tradil
Dexketoprofen	Enantyum, Kettesse
Celecoxib	Celebra, Celecoxib
Etoricoxib	Arcoxia, Turox
Nabumeton	Relifex
<b>Diuretics</b>	
Bendroflumetiazid	Bendroflumetiazid, Salures, Centyl K/mite
Hydroklortiazid	Esidrex, Hydrochlorothiazide, Hydroklortiazid
Clortalidon	Hygropax
Metolazon	Metolazon
Furosemid	Furix/Retard, Furosemid, Impugan, Lasix Retard
Bumetanid	Burinex
Torasemid	Torasemid, Torem
Spirololakton	Spirolactone, Spirolakton
Eplerenon	Eplerenon, Inspra
Amilorid	Amilorid
<b>Medicines for heart conditions and high blood pressure</b>	
Digoxin	Digoxin, Lanoxin
Kaptopril	Captopril
Enalapril	Enalapril, Renitec, Enalapril Comp, Enalapril/Hydrochlorothiazide, Linatil Comp, Linatil Comp Mite, Renitec Comp
Lisinopril	Lisinopril, Zestril, Lisinopril/Hydrochlorotiazid
Perindopril	Coversyl Novum
Ramipril	Ramipril, Triatec, Ramipril/Hydroklorotiazid
Fosinopril	Fosinopril
Kinapril	Accupro Comp